

# Trainer Profile

## Name

First

Lavinia

Mid. Initial

Last

Savignoni

## Qualifications - Gyrotonic

Certification	Date	Instructor
GYROTONIC® Apprentice	7/21/2007	Pietro Gagliardi
GYROTONIC® Trainer	1/13/2008	Angela Crowley
GYROTONIC® Pre-Trainer	3/14/2012	Pietro Gagliardi

## Qualifications - Gyrokinesis

Certification	Date	Instructor
GYROKINESIS® Apprentice	11/21/2010	Pietro Gagliardi
GYROKINESIS® Trainer	5/27/2011	Anke Hauerstein
GYROKINESIS® Pre-Trainer	3/22/2013	Juliu Horvath

## Courses - Gyrotonic

Course	Date	Instructor
GYROTONIC® Level 1 Pre-Training Course	6/9/2007	Elisabetta Carnevale
GYROTONIC® Level 1 Foundation Course	7/21/2007	Pietro Gagliardi
GYROTONIC® Level 1 Final Certificate Course	1/13/2008	Angela Crowley
GYROTONIC® Jumping-Stretching Board Course	5/19/2008	Juergen Bamberger
GYROTONIC® Applications for the Pelvic Girdle	1/11/2011	Uwe Herbstreit
Gyrotonic Level 2 Pre-Training Course (legacy)	5/8/2011	Pietro Gagliardi
GYROTONIC® Applications for the Shoulder Girdle	6/12/2011	Uwe Herbstreit

Gyrotonic Level 2 Course (legacy)	1/8/2012	Pietro Gagliardi
GYROTONIC® Leg Extension Unit Course	10/2/2012	Elena Spaziani
GYROTONIC® Archway Level 1 Course	10/10/2014	Elisabetta Carnevale
GYROTONIC® Level 1 Update Course	10/25/2015	Pietro Gagliardi
GYROTONIC® Pre-Trainer Update Course	10/25/2015	Pietro Gagliardi
GYROTONIC® Pre-Trainer Update Course	12/4/2016	Pietro Gagliardi
GYROTONIC® Pre-Trainer Update Course	10/8/2017	Pietro Gagliardi
GYROTONIC® Pre-Trainer Update Course	12/2/2018	Pietro Gagliardi
GYROTONIC® Pre-Trainer Update Course	12/8/2019	Pietro Gagliardi

### **Courses - Gyrokinesis**

<b>Course</b>	<b>Date</b>	<b>Instructor</b>
GYROKINESIS® Level 1 Pre-Training Course	9/24/2010	Marika Vannuzzi
GYROKINESIS® Level 1 Foundation Course	11/21/2010	Pietro Gagliardi
GYROKINESIS® Level 1 Final Certificate Course	5/27/2011	Anke Hauerstein
GYROKINESIS® Breathing Course (legacy)	5/29/2011	
GYROKINESIS® Rejuvenation Course	6/22/2012	
GYROKINESIS® Level 2 Beginner Course	2/17/2013	Pietro Gagliardi
GYROKINESIS® Level 2 Course	10/18/2013	Juliu Horvath
GYROKINESIS® Level 1 Update Course	2/8/2015	Pietro Gagliardi
GYROKINESIS® Pre-Trainer Update Course	2/8/2015	Pietro Gagliardi

GYROKINESIS® Pre-Trainer Update Course	4/2/2017	Pietro Gagliardi
Jewels of the GYROKINESIS® Method	10/1/2017	Pietro Gagliardi
GYROKINESIS® Pre-Trainer Update Course	11/10/2019	Pietro Gagliardi